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46. The lens of claim **45**, wherein said outer portion is T-shaped, the T-shaped outer portion having two free ends.

47. The lens of claim **46**, wherein the free ends include enlarged portions.

48. The lens of claim **46**, wherein at least one of the free ends is knob shaped. 5

49. The lens of claim **46**, wherein at least one of the free ends of disc shaped.

50. The lens of claim **45**, wherein each haptic includes at least one hinge adapted to allow the optic to move posteri-

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orly when the inner surface of the eye expands and to move anteriorly when the inner surface contracts.

51. The lens of claim **50**, wherein said at least one of the hinges is a reduced portion of the haptic.

52. The lens of claim **50**, wherein the hinge has an elastic memory operable to bias the hinge back to its normally unstressed position following contractions or expansion of the inner surface of the eye.

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